

Build Programme- Volunteer Mentor Role Description

Description:

A volunteer mentor is paired with a co-mentor meeting fortnightly in the community with a mentee to create a safe supportive relationship for mentees to explore their goals and;

-feel championed and empowered

-build confidence

-feel ownership of their own development

-feel established in community

All volunteer mentors are accountable to the Build Coordinators. This role is voluntary and unpaid (costs incurred for refreshments related to the mentor role will be reimbursed).

The Role

- To create a safe, compassionate, and healthy mentoring relationship
- Provide practical support to the mentee where appropriate (eg signposting)
- Support a mentee to identify and establish goals that are important to them and tools and techniques to achieve them
- Liaise with the mentee and fellow mentor to arrange safe and suitable meeting places including date and time
- Debrief with your co-mentor after each meeting and provide a brief written record of the discussion for the Mentoring Coordinator. Manage the trio's refreshment expenses for reimbursement

Skills you need

- Compassion and empathy
- Ability to be able to help people feel at ease and build confidence
- Have a passion and desire for wanting to transform and support the lives of people
- Be sensitive to someone who has experienced trauma
- Ability to keep confidence and professional boundaries
- Reliability and good time keeping
- Commitment to safeguarding and a willingness to raise concerns where necessary
- Access to car/public transport and flexibility around location to meet at



What you will get from us

Online or face to face training prior to working with mentees:

- Volunteer Induction and specialised programme training
- e-learning courses relating to Safeguarding, Data Protection and Equality & Diversity, IT and Data Induction
- Access to a variety of e-learning courses
- Ongoing support sessions from the Mentoring Coordinator
- Ongoing training with an emphasis on trauma informed practice

Commitment

- 12-month commitment period
- Meet with mentee and co-mentor fortnightly for 1-2 hours
- Commitment to write up debriefs and any relevant actions between meetups
- To be able to complete all required training
- To be able to attend a minimum of 4 training sessions per year

All roles within the mentoring programme need:

- mandatory checks including DBS
- two satisfactory references
- completion of all required training
- an informal interview and introductory period
- have a passion and desire for wanting to help and support people

Our Organisation: We are a faith-based organisation but our programmes are open to all. We do not require our staff or volunteers to have a faith but to support the mission and values of The Salvation Army. The Mentoring programme is managed by The Salvation Army's Anti-Trafficking and Modern Slavery Integrated Mission team. The team's strategy focuses on **Preventing** Modern Slavery and the trafficking of people; **Protecting** individuals on their journey from victim to survivor and ensuring that in doing so, **Progress** the survivors' journey to sustained freedom. The Build mentoring programme looks to support mentees to feel empowered in their own development.

If you are interested in applying for this role or want to find out more?

Contact: atmsmentoring@salvationarmy.org.uk

